

# Tabulam and surrounding areas

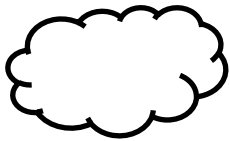
## Community guide.



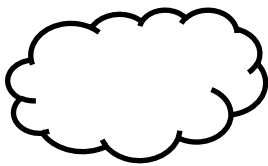
**What can I do?**



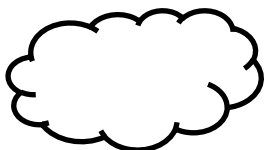
**Where can I go?**



**What is here to see?**



**Where can I go shopping?**



**Is there history?**



**Markets**

**Shopping**

**Cafes, Hotels and clubs**

**Activities**

**Sightseeing**

**Fuel and car repairs**

**Hospitals and health care**

**History**

# Community and Farmers Markets

## Weekly:

**Kyogle Farmers Market** – Every Saturday, Stratheden St 8am-12pm

**Lismore Farmers Market** - Every Saturday, Lismore Showground 7am-11am

**Nimbin Farmers Market** - Every Wednesday, Cullen St, Nimbin 3pm-6pm

## Monthly:

**Lismore Car Boot Market** – 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month located at Lismore Shopping Square, Uralba St, Lismore 7.30am - 2pm (All weather)

**Tenterfield Railway Markets** – 1<sup>st</sup> Saturday of June, August, October & December at railway Ave, Tenterfield.

**Wallangarra Border Railway Markets** – 1<sup>st</sup> Sunday of the month, at the Wallangarra railway station.

**Tabulam Community Farmers Market** – 2<sup>nd</sup> Sunday of the month 9am-2pm located on Barnes street next to the town hall.

**The Channon Craft Market** – 2<sup>nd</sup> Sunday of the month 9am-3pm. The market is located at Coronation Park, The Channon, approximately 20 minutes from Lismore and Nimbin.

**Urbenville Country Markets** – 3<sup>rd</sup> Saturday of the month at Urbenville school grounds.

**Grafton Showground Market** – 3<sup>rd</sup> Saturday of the month, Prince Street, Grafton 8am-1pm

**Drake** – Last Saturday of the month at the town hall.

**Kyogle Bazaar Markets** – 4<sup>th</sup> Sunday of the month held in the Kyogle Amphitheatre parkland behind the Visitor information centre

**Nimbin** – every 4<sup>th</sup> and 5<sup>th</sup> Sunday located at 81 Cullen St, Nimbin.



# Local Shopping

## Tabulam

**The Co-op (Upper Clarence District Trading Co-operative) Court Street, Tabulam**

### **\*Whole Food House**

- Local & regional products
- Phone cards and Telstra sim cards
- Easy meals, drinks, ice-cream & snacks
- Fresh, dried, frozen & canned fruits, vegetables, legumes & meats
- Vegetarian & gluten-free choices
- Fresh baked breads, cakes & pastries: *Monday, Wednesdays & Fridays*
- Toiletries & medicinal & homeopathic products
- Free natural therapies advice on Wednesdays approx. 12pm– 2pm
- Filtered drinking bottles, water containers and water

### **\*The Co-op Bazaar**

New & recycled

- Clothes, towels, blankets, sleeping bags & sheets
- Gifts, jewellery, games & toys
- Games & DVD's

### **\*Rural Energy Supplies**

- Phone connections
- Satellite TV supplies & TV aerials & connections
- Wire & fuses

### **\*Visitor's Information Centre**

- Maps, tourist drives, bus timetable & accommodation info

### **\*Booking Agent**

- Tabulam Racecourse Camping for \$10 night plus \$20 key deposit
- Tabulam Hall

**Monday to Friday** 8.00am to 5.30pm

**Saturday-** 9am to 4.30 pm

**Sunday & Public Holidays-** 10.00am-3.00 pm

**Tabulam Rural Agents** – Your local go to store that supplies tackle, camping needs, hardware supplies, animal husbandry, fuel and LPG gas.

Open Monday-Friday 8am – 5pm, Saturday 8am – 1pm

**Tabulam News Agency** – Located on the Bruxner Highway, supplying fuel and motoring needs. They also runs as a convenience store with takeaway meals.

Open 7am – 6pm weekdays, 8am – 4pm Saturday and 8am – 1pm Sundays

**Foodworks** – A small grocery store carrying a wide range of supplies and reasonably priced. They carry a range of hot pies, sausage rolls and can do top ups for your phone credit.

Open 8am – 5.30pm Monday to Fri, 8am-1pm Saturday, 9am – 2pm Sunday

**Tabulam Post Office** – Open for all your postal and banking needs (domestic banks only). This is the Best place to withdraw funds with no extra charges. Open Monday to Friday 9 – 1pm and 2 – 5pm,

### **Bonalbo**

**Bonalbo Pharmacy** – For mild ailments you can seek advice from the on-site pharmacist. The pharmacy also carries a range of mobile phone accessories and giftware, as well as a good selection of vitamins, pain relief, sexual health and cold and flu medications.

Open 9am-5pm Monday – Friday and 9am-12pm Saturday

**Foodworks** – Your local supermarket with takeaway meals.

NEW online shopping – [www.foodworks.com.au](http://www.foodworks.com.au) and hit on Bonalbo, including pick up or delivery service. Takeaways food is available from 10am – 2.30pm for hamburgers etc. Any fried foods 10am – 5pm Closed Sunday

Open Monday – Saturday 8am – 6pm, Sunday 9am – 4pm.

**Bonalbo Hardware** – A small store carrying a range of hardware, giftware and produce. If you get caught without your hat or thongs they do have a small selection here. Open Tuesday – Friday and Sundays 9am–6pm.

**Bonalbo Post Office** – This Post Office is more than the average Post Office, it is the best place to get money out with no extra charge as well as catering to all of your mail requirements. They also carry a range of giftware, produce and phone accessories including Telstra sim cards. Open Monday – Friday 8.30am to 5pm

**Bonalbo Newsagency-** Bonalbo news agency has a large range of giftware, art supplies and office supplies, they also stock snacks, drinks and get freshly baked bread on Tuesday, Wednesday and Friday mornings. Delicious pies and sausage rolls are available daily. Their business hours include Monday, Tuesday, Wednesday and Friday from 7.30am till 5pm Thursdays, 7.30am till 4pm, Saturdays they are open from 8am till 12pm and Sundays they open from 8am till 11am. Fuel is available at this location.

## **Drake**

**Drake's General Store-** This general store has your all-purpose needs including frozen meals, veggies, minimal first aid supplies, motoring needs, Telstra Sims for you mobile phone and second hand books. They also cook take away food including burgers and coffees with an undercover eating area for your convenience. They open Mondays to Fridays from 7am till 5pm, Saturdays are open from 8am till 2pm and Sundays are closed.

**Fisho Truck-** If you are a lover of fresh seafood then this truck is for you, a fisho truck comes through the area every Friday that delivers fresh seafood to the local area. It stops at

Drake – 11:30 to 12:30 at the Lunatic hotel

Tabulam- 1 to 1:45 at the Co-op

Bonalbo – 2:30 to 3:30 at the petrol station

# Cafes, Hotels and Clubs

**Bonalbo Bowling Club** – They have a Bistro which is open from 6pm–8pm Thursday, Friday, Saturday and on Thursday, \$10.00 meals are available to coincide with Bingo night which is on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. If you want to go lawn bowling, you can hire the equipment here on location. Open Sunday, Monday, Tuesday, Wednesday 3.30pm to 8pm, Thursday 3pm to 9.30pm, Fri 3pm – 11pm, Saturday 3pm to 9pm

**Bonalbo Community Internet Café** – Wi-Fi is available, computers are also available for use within the hall, light lunch snacks, drinks and coffee. Open Monday, Wednesday and Thursday 10am to 2pm

**Bonalbo Dog ‘n’ Bull Hotel** - A large range of cold beverages and light snacks are available all day alongside the bistro that is open from 12pm till 2pm and 6pm to 8pm every day of the week excluding Mondays. They are also the official information centre for Bonalbo. Open 7 days a week 10am to 9pm

**Tabulam Hotel** - Tabulam hotel is open for home cooked meals daily, meals are available from 12pm till 1:45pm for lunch and 6pm till 7:45pm for dinner with the exception of no dinner on Sundays.

**Drake Hotel**- The lunatic hotels bistro is open for breakfast from 8am to 10am, lunch is 12pm to 2pm and dinner is 6pm to 8pm on weekdays. On weekends the bistro is open from 8am to 8pm.

**Ck Café and Catering**- Open Monday to Thursday 9am to 5pm, Friday 9am to 8pm and Saturdays 10am to 2pm. At the end of August they will open Sundays from 10am to 2pm. Free Wi-Fi is provided for all dine in customers and on Friday evening pizzas are cooked to order. If you order and pay in the café before 4pm you will receive a 10%discount off your pizza.



# Activities

**Touch Footy**– Every Wednesday evening at the Bonalbo Sports Field from 6pm to 9pm there is a family friendly game of touch football where everyone is welcome to come and participate or just cheer your friends on.

**Golf**– Bonalbo is home to a 9 hole golf course where everyone is welcome to come and play a friendly game of golf, the office is the Bonalbo bowls club and it costs \$5.00 a round. Make sure to bring your own clubs and balls.



**Fossicking**- Fossicking is the art of searching for gold, fossils, crystals and treasures in the land and water ways. The main reason for settlement in the region was due to the discovery of gold in the mid 1800's. Around the area there are many great areas to go fossicking and the treasures you can find are limitless.

- Ewingars forest and creeks.
- Girard state forest (fossilised sea shells)
- Mallanganee creeks (Labradorite)



**Canoeing**-Clarence river canoes do half day and full day canoeing trips along the scenic rivers situated around Tabulam. They are located at 3413 Paddy's Flat road. You can contact Stephen Ross on (02) 66651337 they are open from 8am till 5pm seven days a week.



**Skate parks**- Tabulam has recently received a new skate park, with a quarter pipe, fun box and grind rail, it is located next to the sporting fields at the old tennis courts. Bonalbo also has a small half pipe with a grind rail and concrete area to skate on, this is located behind the town oval.

**Archery**- Jai is an experienced archer who has all the equipment and holds workshops on the weekends. A half day of archery classes and shooting practice will cost \$50 with a full day only costing \$80. A free BBQ will be held at the end of the day for participants who do the full day lesson. You can contact Jai for bookings on 0487545971.





**Horse riding** - Bruxner horses has scenic trail rides through the bush that are available for all levels of riders, it cost \$40 an hour and is located on Bruxner road off the side of Bruxner highway 12km from Tabulam. Bookings can be made by calling (02) 67376766.



**Bonalbo swimming pool**- Bonalbo swimming pool opens at the start of October, and is open every day of the week from 2pm till 6pm excluding Thursdays. It is the perfect space to go and relax by the pool side on those hot summer days, there is a large pool accompanied by a small children's pool. The area is surrounded by seating areas and grandstands with lots of shade, there are also large grass areas where you can lay out your towel and bask in the sun. It cost \$3.70 to enter the pool for the day for adults and \$2.70 for children/ pensioners. There is a small kiosk located on the pool grounds where you can buy snacks, goggles and cold beverages.

# Car Mechanics

**Coopers Mechanical Centre** is open Monday to Fridays from 8am to 5pm and is Located at 62 Woodenbong road Bonalbo, next door to the Newsagency in Bonalbo. You can contact Jack Cooper on ph :( 02) 66651151.

**Mallanganee Garage** is open seven days a week, week days they open from 8am till 5pm and 9am till 4pm on weekends. You can contact them on ph: (02) 66645212



## Transport

Tom Cooper Transport is your local bus service, running from Bonalbo to the River Run farm each day that picking is commencing. The bus can take up to 22 passengers and costs \$10 a day, return trip. People living in Cooper residency will have priority for seats on the bus, although all are welcome to fill the open spots after that. You can contact Tom on 0428651286 for bookings.

## Fuel

Car fuel is available at the listed locations

- Bonalbo News Agency- Monday, Tuesday, Wednesday and Friday from 7.30am till 5pm, Thursdays 7.30am till 4pm, Saturdays 8am till 12pm and Sundays they open from 8am till 11am.
- Tabulam Rural Agents- Open Monday till Friday 8am till 5pm, Sat 8am till 1pm.
- Drake General Store - Mondays to Fridays from 7am till 5pm, Saturdays are open from 8am till 2pm and Sundays are closed.
- Mallanganee Garage- 8am till 5pm weekdays and 9am till 4pm on weekends.
- Tabulam news agency- 7am till 6pm weekdays, 8am till 4pm Saturday and 8am – 1pm Sunday.

# Health care

**Bonalbo Hospital** is open for emergencies from 7am till 11pm daily. The GP clinic is open weekdays 9am till 4:30pm and occasionally weekends. If you are not covered by the reciprocal agreement, the cost of a blood test, x-ray or a general appointments is \$133.

**Urbenville Hospital** is open for emergency care 24/7. If you come from a country that is not covered by the reciprocal agreement it will cost \$133 per service.

**Casino and District Memorial Hospital** is a local community, level 3 Acute Care hospital that is open 24/7 and is located at Hotham Street, Casino, NSW 2470, Australia.

When visiting the hospital or a GP clinic you must take a copy of your passport and visa if you are not an Australian resident.

The reciprocal countries are:

- Belgium
- Finland
- Ireland
- Italy
- Malta
- Netherlands
- New Zealand
- Norway
- Slovenia
- Sweden
- Uk



**Naturopath** Our local naturopath is Debbie van Gelder, she is available for free advice on Wednesday afternoons from 12pm to 2pm at the co-op in Tabulam. At other given times, she is located in the centre of Tabulam at the country women's association. Her services include nutrition, herbal medicine, massage and homoeopathy.



**For Police, Fire and  
Ambulance Services**

**Call 000**

# Bush walking and waterfalls

**Bean Creek Falls** has beautiful viewpoints, along with a small bush walking tracks. It is the closest waterfall in the area and is located approximately 20 minutes from Bonalbo along the Clarence way heading towards Woodenbong. Come and enjoy the beautiful scenery.



**Tooloom National Park** has two short walking tracks along with a stunning picnic area and a lookout point that offers superb scenic views over the Great Dividing Range. Tooloom National Park has lush bush life that provides a perfect habitat for the most diverse kangaroo and wallaby population in Australia.



**Bald Rock National Park** is the perfect opportunity to escape to the bush and if you're up for a hike you will be rewarded with a beautiful panoramic view of the New England region. You can choose between the gentle 2.5km climb to the summit through the stunning bushland and huge boulders unlike any other in the region or you can challenge yourself by climbing up the shorter but steep rock face. Bald rock also offers camping, caravanning, picnic areas, a BBQ area and toilets.



**Basket Swamp National Park** is covered in an abundance of waterfalls swamps and creeks, they are yours free to explore and spend a day in the wilderness. If you're feeling up to it you can take a short hike up to Timbarra lookout or visit Woolloomoolni aboriginal place, a gathering of perfectly assembled boulders to form the shape of a large mushroom on top of a mountain.



**Toonumbar Dam** is a mega 110,000 litre water reservoir that is located approximately 1 hour from Tabulam, it is a favourite among many locals and people come from far and wide to camp there. This dam is a recreational paradise for fishing, camping, mountain biking, canoeing and bushwalks. They provide such facilities as sheltered sheds, rainwater tanks, BBQs, jetty's to launch your boat or just relax in the sun, and they even have their own golf course and tennis courts.



**Alice** more commonly known as Yates crossing is a beautiful spot to stop and spend the day along the Clarence River, it is located approximately 35 minutes from Tabulam. Yates is the perfect place to go fishing, swimming or hang on the sandy beaches in the sun. While you're there you may be lucky enough to witness the locals diving for turtles, as there is an abundance of wildlife at Yates.



**Mount Warning** provides a breathtaking 360 degree view looking over the beautiful land of bush and rainforests with a clear view of the coast from Byron Bay all the way to the Gold Coast. You can be the first person in the whole of Australia to see the new day if you take a morning hike to watch the sun rise. It is an 8.8 km hike to the top of the summit, with a five hour return walk through the lush rainforest. The hike ends with a challenging rock climb so take care.



# Events

**The Australian Surf Festival** will take place on the Tweed Coast, this annual event will see over 500 competitors from around the nation have a shot at being crowned an Australian Champion on Friday 28 July to Monday 14 August 2017.



**Tabulam horse races** is Tabulam's largest event of the year where people come from far and wide to take part in the day, this year the races fall on Saturday the 11<sup>th</sup> of November. It's the perfect opportunity to get dressed up and enjoy the day out with friends and family.

**The Bentley Art Prize** has been held annually at the Bentley Public Hall since 1985. "The Bentley" is a vehicle for emerging artists to showcase their talent to the wider community. It will be held this year from Friday the 4<sup>th</sup> of August to Sunday the 6<sup>th</sup> of August in Lismore at the Bentley Hall.

**Australian Dance Theatre** has thrilled sell out audiences around the world with performances of cutting edge dance. Now the internationally acclaimed company brings Be Your Self Redux to Northern Rivers Performing Arts for the first time.

In Garry Stewart's Be Your Self Redux, audiences are engaged in a complex dialogue in which they are compelled to explore what makes you 'you'. They will be performing at the Lismore City Hall from Friday the 18<sup>th</sup> of August to Saturday the 19<sup>th</sup> of August.

**Joe Blow** will keep you entertained every Thursday evening with a variety of live music at the Nimbin Bowling Club, starting at 6pm following into the evening. Come and enjoy an evening of great music and cold drinks.

**Drake's Lunatic Hotel** has live music on the last Saturday of each month, with different performances every month. Pool comps are held every Wednesday evening and on Friday nights there is a dart throwing competition accompanied by raffles.

**Karaoke** is held on the last Saturday of every month at Bonalbo's Dog 'n' Bull hotel and every second Saturday of every month at Drake's Lunatic Hotel. You'll never have a dull night when attending karaoke run by Grace and Mick.



# Fishing

Fishing is a popular sport around Tabulam as we have an abundance of wild life in our river ways. It is essential to purchase a fishing license if you do plan on fishing, as you will be fined if you are caught fishing without one. You can apply online at [Apply for a recreational fishing licence | Service NSW](#).

Cost of fishing licence

- \$7 for a month
- \$14 for half a year
- \$35 for a year

You cannot catch and keep protected species, if you do you will face a large fine. Protected species include:

**Murray cod**



**Bass**



Popular fishing locations include

- Alice (Yates Crossing)
- Tabulam racecourse and most locations accessible on the Clarence River.
- Toonumbar dam

It is important to have a knowledge of the species and sizes of fish that are acceptable to catch and keep, more information can be found at [Fish species - NSW Department of Primary Industries](#)



# History of the land

Tabulam and surrounding areas has one of the richest histories, from the Aboriginal dream times to our historic world heritage national parks and the settlement of European man, you can find it all.

**Bundjalung country** is the land that we walk on each day, it is important to remember that we are living on Bundjalung country and pay our respects to elders past and present. Prior to European settlement Bundjalung country was home to an estimated 60,000 people, who shared a similar language but lived separately in three different tribes, each tribe having their own ceremonial lands and their own spirit animal, these traditions still live on today with the indigenous community of the Bundjalung land.

**The discovery of gold** was the primary attraction for settlement in the area in the mid 1800's. This saw an estimated 4,000 men arrive onto the gold fields, the area saw an economic boost. These days you can find a number of old mine shafts and quarries throughout the northern rivers region. By 1863 a punt was established across the Clarence River to ferry people and supplies to and fro for the gold mines, but it was so difficult to access, that many travellers would wait for the river level to drop before crossing

**Tabulam Bridge** was finished by 1902 and was the first bridge to span across the Clarence River. This was important in the community as the gold rush was in its height and people had to cross the river with supplies and goods. It is the longest single span wooden bridge in the southern hemisphere, it is 296 metres long by 4.5 metres wide, still standing today. This was a large engineering feat for man at the time, building such a great structure above the Clarence River.



**The Border Loop** construction began in 1926 and took 1500 men to complete, this was a work opportunity for many as at the time it was the height of a depression. Once completed you could travel from Brisbane to Sydney on an unbroken journey. It was a major engineering feat, which involved building a rail way line over the Mcpherson range crossing over the Queensland border. They could achieve this by constructing a series of tunnels forming a spiral loop. You can view this loop from the viewing point on the lion's road.

**Paddys Flat Tank Traps** were a part of Australia's defence during world war two. It consists of 26 concrete pyramids connected together by steel cables running across the river. After the war was over the concrete pyramids were dragged up on the bank on the southern side of the river and are still there today. To get there you must turn off the Bruxner Highway 3km west of Tabulam, onto Paddy's Flat Road. Follow the road for 28km and the Tank Traps are on the right, just before Paddy's Flat Bridge.



# Travel smart, Travel safe



When traveling away from home and in rural areas there are a few important aspects to keep in mind.

- Never leave your mate behind
- Tell your mates where you're going and who you're going with
- Trust your instincts
- If the situation feel uncomfortable – just leave
- Try to avoid travelling at night
- Phone coverage around this area is poor
- Always take plenty of water for drinking
- Make sure your car is in good condition and you have plenty of fuel for the journey
- Don't travel with strangers



Some helpful phone numbers that you might need along the way.

- Emergencies 000
- Hospital (02) 6665 1203
- Lifeline (02) 6622 4133
- Local mechanic (02) 66651151